

## Employee Assistance Program

Should you wish to discuss your situation, WorkPac offer an Employee Assistance Program through Gryphon Psychology. Gryphon Psychology has been in operation since 2004 and provides professional employee support and counselling services across Australia. All psychologists and counsellors are highly qualified and provide confidential face to face or over the phone support.

This service is available to all WorkPac employees.

Gryphon EAP psychologists are trained & experienced in dealing with a wide range of issues including;

- stress & conflict
- relationship difficulties
- anxiety and depression
- financial and legal problems

### Support Services:

Sessions with our EAP Provider can be done either in person or over the phone. You can contact Gryphon directly on their confidential number – **1800 056 076**.